



PE and Sport Premium at Benthal

At Benthal Primary School we invest in our children's health and wellbeing as we understand the benefits that this will have in our children later in their life. Therefore, we encourage a healthy lifestyle through:

1. Healthy eating and drinking
2. Comprehensive Personal, Social and Health Education
3. Emotional Health and Wellbeing
4. Physical Activity

The Government funding for schools to develop and improve the quality and breadth of P.E and sports for pupils. This academic year 2022-23 we have received a P.E and Sport grant of £16,500. The amount is based on pupil numbers.

Last academic year 2021-2022	£18,660
Next academic year 2023-2024	£15,000 (approx.)

Schools are required to use the funding to make additional improvements to quality of PE and sport on offer.

Here is how we have used our P.E and sport and premium at Benthal for 2022-2023:

Key achievements to date:	Areas for further improvement
<ul style="list-style-type: none"> • Pupils entering and representing Benthal in a wider range of sporting tournaments for example the Hackney District Team in football. • Wide range of extra-curricular activities for our pupils and families e.g: Bike Around the Borough, Bikeability, Sailing, Outward Bound Residential • To raise awareness of the need to reduce sugar intake to maintain a healthy, active lifestyle through assemblies and PSHE lessons • To develop pupil/adult engagement skills for lunchtime playworkers and support staff to provide additional physical activities at lunch times • Pupils to use outdoor gym equipment to enhance fitness. 	<ul style="list-style-type: none"> • Greater number of children involved in sporting activities during school time in the wider community

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below*:
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	N/A
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	N/A



Academic Year 2022/23

What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	N/A
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	No

Key indicator 1: The engagement of pupils in regular physical activity					
<i>School focus</i>	<i>Purpose</i>	<i>Action required</i>	<i>Funding allocated</i>	<i>Evidence and impact</i>	<i>Next Steps</i>
Further encourage physical activity at break time in the EYFS	To ensure all pupils to join in physical activities.	Purchase new play equipment to encourage physical development and activity	£500	Increase % for Physical Activity	All adults to closely monitor participation of children using the A frame and encourage more reluctant pupils- have as a focus
Promote physical exercise during break time and lunchtime	To raise awareness and promote healthy lifestyles	A dedicated playworker, specialising in sport, to offer a range of sport and exercise daily to Key Stage 1 and 2 during lunchtime	£5500	Participation of pupils and positive feedback	Other staff to shadow and learn new skills
Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement					
Encourage pupils to lead a healthy lifestyle.	To encourage pupils to make healthy choices through healthy eating and participating in more physical activities. Chef Educator to encourage healthy food options at the hatch and independent food options at the salad bar	Lead assemblies targeted to healthy living such as Keeping Fit Encourage all pupils, especially KS2 to choose salad options independently from the salad bar Cookery Workshops for Benthal Families Cooking Club for KS1 and KS2 with Chef Educator	In School £3800 for staff and resources, sessions taking place once a week (2x 10 weeks x 3 terms)	More pupils are showing an awareness of making healthy life choices such as eating more fruit and vegetables at lunch time.	Use pupil voice to redevelop lunch menu.
Publish sporting events across the school via newsletter twitter and website	To raise the profile to parents and members of the community.	Photos and key information on newsletter and the school website			
Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport					
Embed the updated curriculum PE topic overview for each Year group for each term Embed the lesson sequence for teacher-led lessons	To ensure pupils are taught the correct skills across the subject.	PE leader to check and monitor teacher led sessions are following the new overviews to ensure coverage		Staff have a better understanding of the progression of skills within each area of PE.	Include EYFS in the provision map, linking objectives to the Early Years Framework
Key indicator 4: Broader experience of a range of sports and activities offered to all pupils					
Provide pupils with a wide range of activities at	To encourage pupils to participate in physical activities	Play centre sports including Archery		More pupils at Play Centre are participating in	Vary the range of activities provided on a daily basis.



Academic Year 2022/23

playcentre	during Play Centre.	Purchase equipment specifically for Playcentre	£500	physical activities.	
Increase sport opportunities during breakfast club	To encourage pupils to participate in physical activities during breakfast club	Provide taster sessions for pupils CPD for staff		More pupils at Breakfast club are participating in sporting activities.	
Encourage pupils to improve their skills, times, distances	To motivate pupils to challenge themselves	Run 'Personal Best' programme with KS2, starting with Year 3.		More pupils are showing resilience in PE lessons.	
Encourage pupils to take part in a wide range of sports.	To provide an insight into sporting activities to which pupils may not have had previous exposure to.	Year 6 Orienteering Yr 5 and 6 pupils to attend sailing – Autumn 2022 and Spring 2023 Year 4 to attend swimming lessons for intensive course in Summer term 2023	£3000 across two terms £1200	Pupil voice shows that pupils are more confident in taking up water sports and can achieve success when challenged.	Provide a wide range of sports for KS1 pupils.
Key indicator 5: Increased participation in competitive sport					
Expand range of activities available as extra-curricular clubs to encourage pupils to be more involved	To encourage pupils to participate in different sports through extra-curricular activities.	Lead after school clubs such as football, table tennis, archery and fencing.	£2000 for staff additional hours	Increase numbers of pupils attending these clubs if capacity allows	Provide more sport based clubs such as netball and cricket.

Total: £16,500